

## 16Plus Outreach & Development Annual Report

1<sup>st</sup> April 2008-31 March 2009

- **Possible New Intake Candidates-(April 08)**

Kerwin Nehmia  
Brandon Adams  
Ramon Camara  
Anthony Hector  
Sethu Menze  
Colin Davids  
Leon Van Wyk  
Colin Moses  
Kopu Shotoa  
Sanga Menzeleli  
Jergen Kammies  
Andile Masim  
Abraham Booysen  
Jerome Solomons  
Shadley Mathews  
Leeroy AlexanderDean Visagie  
Songezo Mzi  
Thobela Nqezo

- **Home Visits**

The home visits were done by Mpumi and me. We managed to meet 16 of the new intake candidates' homes. A full and detailed report was submitted to Fr Alberto, it is very important to know and see what the domestic and community challenges are. The importance of any family support is fundamental for the new intake candidates

- **Intake Camp**

Mpumi took 17 youth to a camp in Stellenbosch in preparation of them joining our school of life program and also to give them new experience and take them from their normal live which some of is surrounding by drugs and other negative influence. The camp was 10 days it was educative kind of camp not only for the youth but for us facilitators as well, they learn about danger of using drugs and the consequence of have prematernal sex or have unprotective sex .For the whole 10 days they were well fed and kept warm basically they were well taken of. **(Reported by Mpumi)**

- **Easter egg Run**

Thank you to Wayne Golding for making this event possible, he with the help of some learners at Springfield college manage to put smiles on many children's faces this Easter. These are some of the places of distribution:

- Holy Thursday, the Kraal (Bo Kaap) 100 people
- Holy Thursday, street people 100
- Holy Thursday, Kyamnandi Informal settlement 50 children
- Easter Sunday, Lost City (Mitchells Plain) 150 children-The balance was handed out to poor and needy children at Oasis Park and also street children at Westgate Mall etc.

- **Blanket Donations**

The heavy rainfalls created a great demand for warm clothes and blankets. We received assistance from the Salvation Army; they donated plastic sheeting for the shacks that were leaking in our informal settlements. (+/- 60 shacks)

Street youth of Cape Town received 255 blankets in total

Bo-Kaap Informal Settlement received 100 blankets

Homestead Children's Home received 70 blankets

Thanks to YES programme for assisting in distribution:

Sharon 50 blankets for Lansdowne-area under the bridge

Allison 10 blankets for Bellville Informal Settlement

Robbie 20 blankets Veltevreden Informal Settlement

Eddie 40 blankets Tarentaal Plaas

A total of **550 blankets issued**. Thanks to Nelly for making all this possible.

We look forward to our next blanket run, this is an urgent need amongst our street youth, adults and children.

- **Street & Outreach Work**

35 youth had been interviewed during this period, and a total of **20** are successful **possible intake candidates** for the Don Bosco 18 month programme.

Some of the youth have been referred to rehab or other places of safety

(Where their individual needs could be met)

One of the emergency youth was accompanied by Lesley to Wynberg Magistrate Court.

A few of the youth within the Don Bosco 18month School of Life programme, had been taken to Home Affairs by Agnes, to apply for identity documents.

A young lady, Carmen, had died tragically; she was beaten to death by her boyfriend in Cape Town gardens.

Five youth were taken home, with lots of encouragement; they chose not to live on the streets any longer.

Consultations for clothing, food, blankets, first aid, cv applications, employment, hospital appointments, rehab centres, courts, police, prisons etc. continues at a demanding rate.

"Love Buckets" that were donated by Wayne YU, each bucket fed +/- 4 families.

Lesley has drumming workshops every Wednesday with the hostel youth.

One of our community youth had been arrested 4 times in a period of 2 months (Morph & Touch). This has become very frustrating, because he is receiving assistance from Sharon in Y.E.S project; this interrupts his motivation and improvement. So I contacted the police who then referred me to Bonny Toun. Eventually it has been agreed that the incorrect warrant for arrest had either been issued incorrectly by police. I received assistance from sergeant Vergotini who deals with Morph & Touch cases. According to him the matter will be resolved, thanks Sharon for your assistance.

Networking with Bonny Toun has also been very positive; they spent two hours at Salesians and enquiring about the Don Bosco Programme.

We continue to work closely with youth in the various workshops, we have experienced different scenarios where 16+ needed to assist the instructors with some problems that

some of their youth were facing. Most times they are referred to the LTL social worker for more intervention.

I have assisted a young couple with food and clothing, accommodation was found for them. They are both "TIK" addicts, so the arrangement never lasted that long, they returned to sleep under the bridge once again. Both are in their early 30's, they have 3 children, her mother takes care of them.

I had talks with them about entering a rehab programme but they refused this type of assistance.

It's a very sad situation but I will continue to assist them.

Networking with different organisations have enabled 16+ to assist more youth, adults and children with accommodation, learning institutions, rehab, employment etc. Thanks to Lucia, social worker at the Haven Night Shelter in Napier Street for all her assistance given to those destitute people. The problem we face the most is that during winter all accommodation is completely full, Lucia always tries her best, even if people have to sleep on a mattress on the floor, she very seldom turns them away.

My outreach continues at Oasis farm in Philippi and Lost City, due to the heavy rain falls and storms most shacks had been washed away or flooded. There is also a scabies epidemic that has affected at least 20 children in this community. I assist by washing and applying medicine to their bodies.

I still work closely with New Start HIV clinic- the communities learn and benefit so much from them.

I am pleased to report that most of our ex-hostel youth of 2007, such as Jimmy, Gift, and Siphon etc. are very active in the renovations of another outreach project. They would be involved with some outreach sport as well. We continue to support their dreams and achievements.

Lesley, with the assistance of Sharon of Y.E.S Managed to get accommodation for 21 youth who had travelled from Durban to Cape Town for the Ajax soccer trials. Two youth were taken for quotes to have their gangster tattoos covered. S.A.L.T) will make this possible for youth to return to communities being able to find employment and not to be judged for their past.

Two youth had been admitted to Carpenters Shop, we are trying to assist Talent with his immigration papers, and however this seems impossible, we don't usually help with immigration documents but I have made an exception because of how determined this youth is. Talent had been living on the streets for a month before I met him, he has thus far showed great improvement, and he is currently in our leather workshop. I send Carpenters Shop a weekly report on his progress.

One of our female youth who had suffered the trauma of rape had been referred to the Rape Crisis Centre in Mowbray, she has also returned home to her family.

Drugs and prostitution remain our biggest problems on the streets.

A ratio of +/-4 per day referred to Rehab, hospitals, employment, other places of safety, rape crisis, social services, etc.

Julius works closely with the CCID and police in areas such as Sea Point, Camps Bay etc. He will start recruiting females for his next 3 day outreach camp

- **3 Day “Unwind your Mind” Male Camp-Glencairne (Hout Bay)-23<sup>rd</sup> to 25<sup>th</sup> July 2008**

Camp leaders: Lesley, Simphewo and Latiefa (cook)

A total of 9 male youth attended this camp.

The aim of this camp was for the youth to break away from street life, and to discuss issues that troubled them. Assistance would then be given for the individual needs of the youth. The camp went well, various issues discussed such as: gangsterism, drugs, prison life, robbery and theft. This was a time we felt that some restoration between various gangs or groups could take place. It was evident that all the guys did not get along with each other very well, but after the first day their attitudes changed. They did some drumming, sports and drama. This allowed for interaction, teamwork and trust building, some new friendships were made.

- **3 Day “Unwind your Mind” Female Camp-Glencairn (Hout Bay)-20<sup>th</sup> Aug 08 to 22<sup>nd</sup> August 08**

This camp was at Glen Cairne-Hout Bay, a total of 16 females attended.

Camp leaders: Lesley, Cynthia Dollie and the cook Latiefa

There were talks about what brought them to the streets and also the importance of the roles that young woman plays in society.

The girls had to do some goal setting life skills and also a talk on teenage pregnancy, drug addiction and abuse.

There were reflections; we all took a beach walk the girls had to sit on their own to reflect on their lives, changes and goals.

Cynthia did beadwork with the girls, where they were allowed to design and make their own creations, they enjoyed this very much.

All the girls were very co-operative except for two, but this is to be expected because of the change of their environment, it's not easy for them to give up the lives they live on the streets.

- **Intake Camp: CBC-Stellenbosch (10<sup>th</sup> Sep 08 to 19<sup>th</sup> Sep 08)**

A total of 18 youth went on this camp-camp leaders were Nelson, Mark, Paul, Lesley, Latiefa the cook

The objectives of the camp were to set goals and how to overcome their fears.

It was not easy for this youth to remain off drugs for this period, but they were occupied all the time with various life skills, workshops and team building games. They were given opportunities to reflect on their lives and also the changes and commitments.

The camp went well, except for 3 youth who could not make it through the full 10 days, they returned home because of personal family issues. The youth also had to reflect on their lives by means of spending some time alone, to know how attitude affects their lives and ambitions. They were shown what are good working habits and self discipline. Other issues such as anger management and how to deal with anger were discussed.

The 15 youth were handed over to the Hostel for the last 3 days of intake camp.

The camp went well, except for 3 youth who could not make it through the full 10 days, they returned home because of personal family issues.

- **Outreach Camp**

Held at Glen Cairn on the 2<sup>nd</sup> Jan 09 to 4<sup>th</sup> Jan 09 (Camp Leader: Lesley Booysen)

A total of 12 male street youth attended this camp. Various life skills, sport, swimming and current issues were discussed (gangsterism, drugs, theft, robbery etc.)

This was a time for them to take a break from the streets and to bring some peace between different groups. (Reported by Lesley)

- **Consultations and Street work**

**Possible Intake Candidates**

We interviewed a total of 24 youth that were interested in the Don Bosco School of Life Programme. A total of 13 youth entered into various workshops on the 26 January 2009. All of these youth are from the streets, 2 have been assisted with accommodation which is only temporary, and they too were homeless. It was decided that two youth from the community would not enter the programme but be included within the life skills and training.

16+ had started recruiting youth since 19/01/09. We have succeeded in consulting with 28 youth in total, of which 12 are currently within various workshops namely:

Nkosekhaya Bavu

Andrew Botha

Lucien Branden

Francois Isaacs

Luzuko Magalela

Zolele Maneli

Carl Marco

Ponty Marco

Gavin October

Lincoln Swartz

Jack Taylor

Ayanda Thafa

Provisions had been made with the Ark to house our youth until the camp, they received train tickets to aid in costs, but we feel that they should be allowed to enter the hostel before the intake camp. The Ark will not always have space for this type of accommodation procedure.

- **ID Applications/Street & Outreach continued**

Thanks to Nelly for arranging with the department of Home Affairs to visit our premises, the total numbers of ID applicants were 475 of which 280 are unprocessed, this includes students and learners from the Learn to Live workshops, YES project, Don Bosco Hostel and street people from surrounding areas. Most of these applicants could not have afforded the costs, costs have also been eliminated for 16+ because this service was given free of charge.

We make regular visits to the Kraal, Crypie (church running a feeding scheme) and surrounding areas within the CBD. Other areas include Langa, Philippi, Veltevreden Valley, these are all informal settlements where youth adults and children are given assistance with various needs such as: Legal assistance for court hearings, admissions into schools, liaising with police.

We have arranged for admission into Eros school for cerebral palsy child of 7yrs, Ashton Jumat. We managed to get family off streets and now living in Bonteheuwel. Charles found working on the streets of Mowbray as a male prostitute, wanted to change his life. He was placed at The Ark in Mphuleni, after his rehabilitation from drugs etc; we would consider other intervention to suit his current needs.

A group of 7 female teenagers came in for pregnancy tests, two tested positive and are now reunited with their families. The others were taken to New Start for HIV testing and counselling, this information will remain confidential. These are a few examples of cases dealt with on a daily/weekly basis.

Street work done in areas such as: Camps Bay, Sea Point, Green Point Stadium, Parade, Gardens.

- **Consultations/Interviews**

We interviewed a total of 57 youth that were interested in the Don Bosco School of Life Programme. Places such as Bonny Toun, James House etc.brought in some youth but we were instructed afterwards that the DBH would only allow 1 youth per institute. This caused us to scale down on our 'intake numbers". Some youth seemed as if they were just seeking accommodation.

A total of 13 youth entered into various workshops on the 26 January 2009. All of these youth are from the streets, 2 have been assisted with accommodation which is only temporary, and they too were homeless. It was decided that two youth from the community would not enter the programme but be included within the life skills and training.

There are youth being assisted with accommodation problems, drug rehab, mental and psychological counselling. We continue to interview youth for workshops, Mr Fritz has a waiting list for interested candidates.

Contact had been made with the girls who joined us on the female outreach camp. Two of the girls want to go back to school, they were asked to enquire whether they could still enrol and what the costs would be. There are two girls interested in computer training, but unfortunately one of them only passed grade 11 (std 9), we will find another option for her. Two of the street girls indicated that they wanted to return home, but they were afraid of their boyfriends, we will continue to follow-up.

Three street males returned home during this period. One of which had done bricklaying and two had been possible DBH candidates but opted to return to their families.

- **Intake Camp: Stellenbosch CBC -11<sup>th</sup> Feb 09 -20<sup>th</sup> Feb 09**

**Camp leaders:** Julius, Nelson, Pastor Welcome and the cook Elsie

A total of 13 youth entered the various workshops, of which only 9 youth had showed commitment to enter the intake camp namely:

Andrew Botha  
Francois Isaacs  
Luzuko Magalela  
Zolele Maneli  
Carl Marco  
William Kayser  
Unathi Mdala  
Lincoln Swartz  
Bulelani Matini

One youth, William Kayser had left the camp on Monday 16<sup>th</sup> Feb.

Overall the intake camp was a success in that all but one of the youth was not prepared for the commitment and change. It could be that he was taken out of the LTL classroom too soon.

Julius did try and search for this youth for some time, the incident had been reported to his social worker at Homestead and also to the Mr Fritz (LTL). Unfortunately we cannot force these youth to remain on the camp.

One youth Lincoln Swartz had some difficulty entering the DBH, fortunately he still attends the workshop but follow up and attention is given as to any issues or reasons based on his choice. Julius will do a home visit because of complaints received from his workshop instructor.

The rest of the group was committed and motivated all through the camp, Julius noted that life skills had played a fundamental role in the development of the youth. The life skills consisted of teambuilding, self esteem, goal setting, negative influences, conflict and behaviour. More importantly the youth were exposed to a foundation of devotions and prayer, they participated well.

There were times for fun and games, appropriately structured in order for life lessons to be learnt.

All the camp leaders mentioned above had an important role to play within the camp programme, they worked as a team, sharing knowledge and ideas which would only be in the best interest of our youth.

We are extremely happy with this group, 16+ will continue to guide and assist them where possible, life skills will also continue for the next few weeks.

- **(Examples of Case Scenarios)**

- **Report- Errol Soetland-20yrs old**

Errol was brought in by John, someone trying to help.

After meeting with them Errol was referred to Joan Jacobs in DBH, where he was accepted to stay as an "emergency youth" until the next Intake.

Errol attended the 1 week life skills offered by Julius at 16Plus, he did not have any discipline issues and was very well behaved during this time.

Unfortunately Errol was arrested on the 14<sup>th</sup> May 09 and taken to Cape Town police station. He was then transferred to Camps Bay holding cells.

On the 18<sup>th</sup> May 09 he appeared in court and was sentenced for 30 days or R300.00 bail.

Errol was TAKEN TO Pollsmoor prison for duration of 30 days.-PRISON NUMBER: 209569665

Errol's next court appearance is on the 17 June 09 Cape Town courts-he will appear for "possession of a dangerous weapon".

On the 25<sup>th</sup> May 09, John (Errol's guardian) met with Joan Jacobs and me to discuss this very situation and also whether Errol would be allowed to return to the DBH. Joan could not give a definite answer, but assured him that she would speak to the rest of her staff members to make a team decision. His next court appearance is the 24<sup>th</sup> June 09.

- **Loretta Weavers-22yrs female**

Loretta came in to 16+ in a very bad state using drugs for many years, she was picked up by CCID and taken to Napier street night shelter.

Loretta ran away from the shelter, thinking that there was a gang following her, she also said that they wanted to kill her. I believed her at first, but after speaking and explaining I soon realised that this was all in her mind. Loretta was paranoid and her mind was terribly disturbed. This was the effects of drug addiction over a period of time, she had been advised by the shelter that they would assist her in going to hospital and also that they would assist her in returning home.

Loretta had put up a huge fight with me and somehow she felt safe with Laura, we managed to calm her down, Laura sat with her for most of the time while I contacted the CCID, Loretta felt more at ease knowing that they would return to fetch her. She felt safe with them, so we continued to stay with her.

In this time Loretta spoke to us about how she felt and we managed to convince her that the best place for her would be the night shelter, that the streets was not a good place for her to be.

She agreed to go back but only in the van of the CCID, she wanted protection from her "killers". Loretta continues to go to hospital and receives counselling and medication for her problem.

- **Report on Yasien Rassool**

In my last report Yasien's situation looked very bleak; fortunately Yasien was accepted back into the DBH for accommodation purposes. It was in his best interest because this meant that he could receive proper guidance with his drug addiction.

We can only thank Clive, Yasien's care worker in the DBH for Yassien's early admission into Da Nova rehab clinic. Sharon of the Y.E.S project assisted in transporting Yasien on the 28<sup>th</sup> April 09 to Da Nova, where he was places on a 7wk programme voluntarily.

Alison and Clive have been visiting Yasien, Clive goes every week, so he still had support from Salesians in some way.

I only receive good reports about Yasien, he is fine thus far, but we still have a long way to go. Our main concern is that he receives full support from his family because he will need accommodation once this programme is completed. We will do all we can to try and assist him with accommodation. We pray for his complete recovery.

Sad to report that Deon & Catherine's 3 month old baby had passed away, (28<sup>th</sup> May 2009)

I have assisted them with funeral arrangements at the most cost effective price. Also arranged for tea, coffee, sugar etc for funeral on Friday 05 June 09. They also have a disabled child whom we had assisted into Eros school, he is doing well.

- **16Plus Outreach Camp-Females**

**Camp held at Glen Cairn-Simons Town-04<sup>th</sup> to 6<sup>th</sup> March 2009**

Camp leaders: Julius, Agnes, Laura (volunteer from Belgium) and Elsie (Cook)

16Plus has tried to mix this group by taking half the girls from communities at risk, and half from the streets. It was a challenge because lifestyles and backgrounds differed. We took ten girls on this camp: Mandy, Sella, Nikita, Lameez, Juliaca, Ronnie, Felencia, Rasta

Over the three days life skills consisted of: Behaviour, Relationships, Self-esteem, conflicts and goal setting. We used three movies, out of which the girls could relate all the aspects taught in life skills, they really enjoyed watching the movies and then the discussion that took place afterwards.

Other than life skills we played volley ball, swimming and also lots of teambuilding activities, this allowed the girls to interact and learn each other's different behaviours, communication and how to interact with different people other than their usual friends. Some good friendships were built.

The street girls were very down trodden when they arrived at the camp, they were sleepy and unmotivated, due to: drug addiction, not sleeping well, undernourishment etc. By the end of the second day there was a positive change in their appearances and also their attitudes.

Only by the third day could you see a full awakening from drug addiction, it is important for us to remind them of a better way of life and also how to achieve and maintain this life. After leaving the camp, we continue to encourage them in taking further steps towards achieving goals.

The community girls are a bit more privileged in that some still have family support, houses (VERY POOR) and perhaps an opportunity to continue the schooling. Two of the girls would like to return to school. Two would like to study computers. Looking at the goals set by these young ladies, I do feel that the camp has had an impact on some of their lives. We will continue to assist these young ladies to achieve realistic goals.

Two of the girls will be entering the Y.E.S Project for computer literacy training, Two of the Decided to return to school to finish matric (enquiries are being made for night school)

The street girls found it difficult to make any positive decisions (because of their Boyfriends) they will return to our office for assistance once finalised.

There are times that we assist these young ladies more than once for the very same problem, but we cannot give up hope, it shows that they are trying but it is never easy to make sacrifices and change when you are use to this way of life. They say that once the streets swallow you, it doesn't easily spit you out.

Thanks to all who have supported the youth, adults and children whom we serve.

#### **Stats**

Ref. /Consult. : +/-890

First Aid : +/-169

Clothing etc : +/-85

Average Total : +/-1144 Overall (does not include repeat visits)